

sportunterricht.ch

Ruderegometer Notentabelle (3000m)

Damen	Note	Herren
14:00	6	12:30
14:10	5.9	12:40
14:20	5.8	12:50
14:30	5.7	13:00
14:40	5.6	13:10
14:50	5.5	13:20
15:00	5.4	13:30
15:10	5.3	13:40
15:20	5.2	13:50
15:30	5.1	14:00
15:40	5	14:10
15:50	4.9	14:20
16:00	4.8	14:30
16:10	4.7	14:40
16:20	4.6	14:50
16:30	4.5	15:00
16:40	4.4	15:10
16:50	4.3	15:20
17:00	4.2	15:30
17:10	4.1	15:40
17:20	4	15:50
17:30	3.9	16:00
17:40	3.8	16:10
17:50	3.7	16:20
18:00	3.6	16:30
18:10	3.5	16:40
18:20	3.4	16:50
18:30	3.3	17:00
18:40	3.2	17:10
18:50	3.1	17:20
19:00	3	17:30
19:10	2.9	17:40
19:20	2.8	17:50
19:30	2.7	18:00
19:40	2.6	18:10
19:50	2.5	18:20
20:00	2.4	18:30
20:10	2.3	18:40
20:20	2.2	18:50
20:30	2.1	19:00
20:40	2	19:10
20:50	1.9	19:20
21:00	1.8	19:30
21:10	1.7	19:40
21:20	1.6	19:50
21:30	1.5	20:00